



## From the Pastor's Desk:

As the season of fall approaches I start to mourn the loss of summer. I miss sitting outside on my back deck, or eating on the picnic table. I dislike putting the gardens to bed and preparing for winter. The rain barrel needs to be cleaned and the leaves need to be raked. However, in God's word I am reminded that there is a season for every thing: To everything there is a season, and time to every purpose under heaven; a time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted. (Ecclesiastes 3:1-2) I am reminded that God has planned the seasons for his purpose. The changing of the seasons echoes the patterns of nature and life. This reminds me that even though fall is a time of clean-up in the gardening world, it also a time of preparation. For example, as I clear away old perennials, I give room for new growth in the spring. As I rake leaves, these leaves can be mulched and used to fertilize new growth next season. Life has a rhythm and cycle of new and old. The spiritual life is like that too. Every year we need to be growing and changing to develop. If we stop growing and learning, we can become stagnant and dry. I encourage you to find new ways for spiritual growth this fall.

Perhaps you will consider joining a group: the Baptist women, the seniors, the men's breakfast, or one of the house groups, or discussion groups. It is my hope that as you experience the beauty of the fall colours, you will experience God's creation and enjoy the beauty of God's changing seasons. May God bless you with peace and may you laugh more than you weep and dance more than you mourn.

Amen  
Pastor Maryann

### RAFFLE POLICY

The next congregational meeting will take place at 7:15 p.m. on Tuesday, September 30. Among the items of business will be a report from Yoka Lemke and Helen Sinclair recommending a church policy on Raffles. The policy was discussed at the last Church Council meeting, and it was agreed that it would be brought forward for approval by church members at the September 30th meeting.

The policy states that "Bethany Baptist Church refrain from the use of raffles as a fund-raising tool. This recommendation will apply to:

- groups within the Bethany Baptist Church congregation which meet in our church building or on church property;
- groups within Bethany Baptist Church which might conduct activities off church property;
- groups or organizations which rent Bethany Baptist Church facilities and which might conduct raffles in our church building or on church property."

### STUDY GROUP

Sundays 7:00 p.m. with Rob Campbell and Bonnie Hunter begins October 19 (6 Weeks)

## October 2008

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### ADVANCE NOTICES

The next congregational meeting will take place at 7:15 p.m. on Tuesday, September 30.

### BETHANY NEWSLETTER AD COSTS

¼ page costs \$10.00 per month  
½ page costs \$20.00 per month  
Full page costs \$40.00 per month

### LEAVES WANTED

Leaves make great mulch and compost for the Community Organic Gardens. Please empty your bags of clean (undiseased) leaves and clippings in the leaf enclosure behind Centrepointhe House, then you can take your bags home and re-use them.



**Church Family News #1**

**Sympathies:**

**Love and Thank you's!**

A belated thank you for all the kindness shown us following George's death. The messages of sympathy, the phone calls and visits were very much appreciated as well as the goodies sent in. It's wonderful to belong to such a supportive, caring church family. Thank you all.

Isobel Aley and Fred, Barbara & Frank Legault

I would like to say thank you to all the friends at Bethany for the phone calls, cards and get well wishes when I fell and broke my ribs. My ribs have pretty welled healed and the Dr. informed me that I should wear hockey pads seeing I fell twice after the first time, but did not break any more ribs. God Bless you all and thank you again.

Daizie

**CHOIR REHEARSAL**

The choir will be performing "A Lamb's Tale" as the Christmas Concert.

We are looking for singers and performers for this gala event.

If you are interested in participating in this fun event please talk to Cia Savage, Choir Director.

**BETHANY BAPTIST SENIORS MEETING**

October 18<sup>th</sup>, 2008 @ 5:30 pm. Guest speaker is our very own "Sue Morse" speaking on the work she is involved with "the John Howard Society". all seniors are well come.

**WORLD VIEWS**

Saturday, October 25, 7:30 p.m. - Crete: Minoan to Modern - Scenery, history, and music of the most diverse Greek island with Ed Overstreet

**BETHANY BAPTEST MEN'S BREAKFAST**

8:00 a.m., Saturday, October 4 -- Guest speaker will be Marc Wyatt, BCOQ Mission Consultant, who will give a presentation on the New Refugee Ministry Network in the Ottawa area.

**CHRIST HAS ARRIVED**

You are in your car driving home. Thoughts wander to the game you want to see or meal you want to eat, when suddenly a sound unlike any you've ever heard fills the air. The sound is high above you. A trumpet? A choir? A choir of trumpets? You don't know, but you want to know.. So you pull over, get out of your car, and look up. As you do, you see you aren't the only curious one. The roadside has become a parking lot. Car doors are open, and people are staring at the sky. Shoppers are racing out of the grocery store. The Little League baseball game across the street has come to a halt. Players and parents are searching the clouds. And what they see, and what you see, has never before been seen. As if the sky were a curtain, the drapes of the atmosphere part. A brilliant light spills onto the earth. There are no shadows. None.

From every hue ever seen and a million more never seen. Riding on the flow is an endless fleet of angels. They pass through the curtains one myriad at a time, until they occupy every square inch of the sky.

North. South. East. West.

Thousands of silvery wings rise and fall in unison, and over the sound of the trumpets, you can hear the cherubim and seraphim chanting, Holy, holy, holy.. The final flank of angels is followed by twenty-four silver-bearded elders and a multitude of souls who join the angels in worship.

Presently the movement stops and the trumpets are silent, leaving only the triumphant triplet: Holy, holy, holy. Between each word is a pause. With each word, a profound reverence. You hear your voice join in the chorus. You don't know why you say the words, but you know you must.

Suddenly, the heavens are quiet. All is quiet. The angels turn, you turn, the entire world turns and there He is. Jesus.

Through waves of light you see the silhouetted figure of Christ the King. He is atop a great stallion, and the stallion is atop a billowing cloud. He opens his mouth, and you are surrounded by his declaration:

I am the Alpha and the Omega.

The angels bow their heads.. The elders remove their crowns. And before you is a Figure so consuming that you know, instantly you know: Nothing else matters. Forget stock markets and school reports. Sales meetings and football games. Nothing is newsworthy.. All that mattered, matters no more.... for Christ has come.

The love of God is like the ocean, you can see its beginnings



**News from Centrepointhouse**

**Centrepointhouse Welcomes New Executive Director**

SEPTEMBER 22, 2008 - On September 8, Centrepointhouse welcomed Mary Alderwood as its new Executive Director.

Located on the property of Bethany Baptist Church, Centrepointhouse (CPH) was founded in 1989 by Isobel McGregor as an independent adult-learning organization and a welcoming place for anyone seeking personal and spiritual growth, healing or renewal. The 'House' provides courses, workshops, counselling and resources to individuals, groups, businesses and community support networks.

Originally from St. John, New Brunswick, Mary is a long-time resident of the Ottawa-Carleton region. She has worked and volunteered in the not-for-profit sector for over 25 years and has a strong background in adult education, human resources management, business, training and facilitation. Mary also specializes in workplace wellness programs including needs assessment, course design, course delivery and policy development. She has developed and delivered a number of workshops at CPH and has completed her practicum work with the St. Francis Xavier University Adult Education Program at the House.

Centrepointhouse is the first Centre for Attitudinal Studies in Canada and is one of numerous such Centres on five continents. Its foundation is built on the principle that by changing the inner attitudes of our minds, we can change and strengthen the outer aspects of our lives. Over the years, work in this area has been applied successfully in the fields of education; mental health; community health; palliative care; business; sports; dispute resolution and conflict management; law and corrections; parenting and interpersonal relationships.

Based on the concepts of self-awareness, personal responsibility and action, CPH programs aim to develop inner strength and emotional resilience. Centrepointhouse's signature program *Change Your Mind – Change your Life* supports individuals in identifying healthy and sustainable choices and addresses areas such as trust, boundaries, victimization, communication, loss, anger, forgiveness, and grief recovery. As the only Canadian centre that trains facilitators to specialize in this work, CPH also provides its Facilitator Training Program to a diverse range of individuals across the country.

CPH's Facilitation Team — which includes nurses, professors, teachers, counsellors, psychologists, social workers and adult educators — brings together the fundamental principles of *Attitudinal Healing* with experiential and interactive workshops and programs. Centrepointhouse's programs have evolved over time in order to respond to the growing demand for a holistic, yet concrete approach to enhancing personal effectiveness. When applied, this work can lead to improved lives and relationships, improved workplaces and a strengthened global community.

**Centrepointhouse Welcomes New Executive Director<sup>cont'd</sup>**

The current program and course schedule is now available. Core programs include *Change your Mind – Change your Life*; *Seeing Conflict Differently*; *Anger Management* and *Grief Recovery*. Centrepointhouse also offers a range of supplemental workshops including *Boundaries in Balance*; *Building Your Child's Self Esteem*; *Meditation*; *Yoga and Spiritual Living*. As these supplemental workshops can change each term, please refer to our website regularly for workshop details. Registration can be made on-line at [www.centrepointhouse.ca](http://www.centrepointhouse.ca), by phone at 613-224-8688, or in person at 380 Centrepointhouse Drive, just off Baseline Road at Cobden. The e-mail address is noted below.

As its fall schedule gets underway, Centrepointhouse is also turning its sights towards partnership building and broadening its community and workplace training programs. Check the website over the coming weeks for updates on the new programs and services. CPH encourages you to drop in to explore our programs and visit the Resource Centre — and while you are there you can join the Centrepointhouse team in welcoming Mary to the House.

Media inquiries:

Centrepointhouse

380 Centrepointhouse Drive, Ottawa, ON K2G 6A1

Phone: 613-224-8688

**Email: "info@centrepointhouse.ca"**

**Web: [http:// www.centrepointhouse.ca](http://www.centrepointhouse.ca)**

**PLEASE REMEMBER IN YOUR PRAYERS**

Celesta Willman (broken elbow); Lois Sanford (health concerns); Bev Mc Farlane (hospital); Donna Murphy (broken wrist); Anastasia Savage (health); Laura Leben (home); Kenneth Drefke (health); Jean Lamb (health); Warren Mizener (health); Shelley (Donna Murphy's daughter - health concerns); Merrill Horricks (home); Margaret (Vince Clark's sister in Nova Scotia - health); Frank & Jamie Batson (health concerns); Doug Connerty (health concerns); John Symons, a former Bethany Pastor (health concerns); David; Neil - a young man in prison; Hugh - a troubled young man; Evelyn Casey; Victor; Bruce & Horst (friends of Sue Duff - health concerns); Jonathan (friend of Sue Duff - family) and our Partners-in-Mission - the Albinets. Shut-Ins: Fran Marshall, Marjorie Allaby, Marjorie Johnson, Winnifred Taylor, Harold Moodie.



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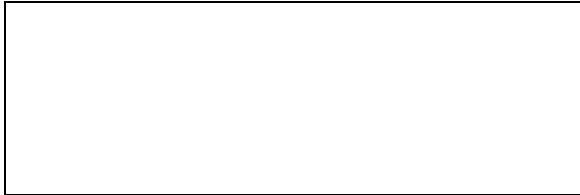


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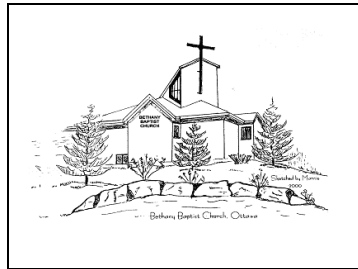


## Bethany Baptist Church

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**WE'RE ON THE WEB!**  
[HTTP://WWW.BETHANYBAPTISTCHURCH.CA](http://www.bethanybaptistchurch.ca)



**Next Newsletter Deadline:**  
**Electronic submissions**  
**October 19, 2008 6:00 pm**  
**Non-Electronic submissions**  
**October 15, 2008 5:00 pm**

### Bethany's Newsletter

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*Director of Music:* Cia Savage (h: 613-821-1761)  
*Church office:* Donna Ward (613-224-5611)  
*Centrepointe House office:* Mary Alderwood (613-224-8688)

## From the Editor ...



In order to reduce costs at Bethany, the Newsletter is now available on the Web and if you want via email in both Word or PDF format.

If you want the Newsletter via email please advise myself and Donna Ward.

I will make up an email list.

Jim Lamb